

SERMON NOTES

Daniel Swihart

"Sabbath"

Matthew 11:28-30

Sabbath is a _____

"Father, this is your Word. We believe it is true, and we receive what it says. In the name of Jesus, open our hearts and engage our minds."

Stop

Sabbath Shifts

In order to make these shifts, we have to stop _____

Rest

Sabbath rest is an act of _____ against the twin gods of _____ and _____

Delight

We delight in _____, in God's _____, and in God _____

Worship

We can confuse a _____ day of _____ into a _____ - _____ day of _____

The goal of Sabbath is to return to our _____ in God

So What?



Encouraging People to Reflect Jesus and Serve Others

October 25, 2026

Worship - 10:10 am

After Half - 11:15 am

TODAY

Following Jesus is more than what we believe. It's a way of life. In this series, we'll explore spiritual disciplines that help us slow down, make space for God, and cultivate a deeper relationship with Jesus.

We'll discover practical ways to live more intentionally as disciples of Jesus every day. A space for taking notes is on the back. Enjoy the service!

Practicing
the Way:

Developing a Rule of Life

PRAYER REQUESTS

Rach Nelson - reunion with kids

Rose Lawson - prayers for my son's mental/physical health

Renee Angel - daughter's growth in Christ, guidance in health and next step of my journey with God

Melissa McCullogh's husband Rick - pneumonia, partially collapsed lung. Skin cancer procedure 11/2.

Daniel Swihart - Italy missions trip 11/3-11

Prayer requests will remain in the bulletin for up to 1 month. If you'd like it to continue to be in the bulletin, please submit another yellow prayer request card.

INFO



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ANNOUNCEMENTS



October Little Things

World Mission Offering

Join us in supporting the work International Ministries' global servants and partners are doing around the world!

Table Fellowship

Sign up in Foyer

We want to help you start building community around the table. If you don't already have a group of people you meet with regularly, sign up in the foyer and we'll help form groups!



Service Opportunities

See Insert

Are you interested in exploring new opportunities to get involved, whether that's weekly or as needed? Complete the insert and return it to the boxes at the back of the sanctuary!



WHAT'S AFTER HALF?

Each Sunday after the service, we invite you to stick around for 30 minutes. For kids and teens, this is a time to explore their faith through Bible study and activities. For adults, this is a time of fellowship in the sanctuary or meeting in the chapel to reflect and engage with others about the sermon.



THIS WEEK

10/18 - After Half, Bell Choir, 6:30-8pm

10/27 - Worship Practice, 5:30pm

10/28 - Women's Process Group, 7pm

10/29 - Prayer Team, 10am

10/30 - Recovery Alive, 6pm

11/1 - After Half, CHAOS, 6:30-8pm